

MASSAGES

25 / 50 min. CLASSIC MASSAGE

30 / 45 € The basic type of massage with a number of targeted massage touches, which overheat the massaged tissue, improve its blood circulation, help get rid of dead skin parts and support the flushing out of unwanted substances. It has a positive effect on the psyche. After the massage you will be satisfied, relaxed and rested.

50 min. RELAXATION MASSAGE

45 € If you want to relax well and take a nap at the same time, this is the right massage for you. The movements of the masseur are gentle, slow and rhythmic. The result is calming of your mind and soul.

20 min. FOOT MASSAGE

25 € Tired and painful feet need rest. Its effect will increase many times over if you support it with the right massage. In the hands of an experienced masseur, your feet will rest and relax like not for a long time.

50 min. **AROMATHERAPY**

45 € It is a very gentle relaxing massage of the whole body combined with the healing effects of essential oils. Thanks to the use of high-quality essential oils, we will move the manual effects of massage techniques one step higher.

60 min. LAVA STONE MASSAGE

65 € Are you getting ready to go to bed? Try this favourite procedure before falling asleep. The combination of the massage and the intense heat from the lava stones deeply relaxes the muscles and improves their blood circulation. It will also help you get rid of unwanted substances.

75 min. CHOCOLATE MASSAGE

55 € It is a unique experience full of the aroma of chocolate. Chocolate has the ability to detoxify the body and protect the skin from harmful free radicals. It participates in the stimulation of collagen and elastin, which are a guarantee of beautiful and young skin. Cacao contains vitamins, mineral salts, iron, calcium, magnesium and phosphorus. At the beginning of this procedure, dead skin cells are removed using a whole-body peel. In the second part, a warm dark chocolate rubs the whole body with gentle massage touches. At the end of the procedure, the client rests in a chocolate wrap.

30 min. PARAFFIN WRAP

22 € Paraffin is a type of wax that contains a large amount of minerals and vitamins, including magnesium, silicon and a large amount of iron and vitamin E. It excels in its ability to retain heat. It solidifies at a temperature of 52 to 62 degrees Celsius. Paraffin overheats, relaxes, increases blood circulation and opens pores. Its effects are therefore both health and aesthetic. It is used for diseases of the musculoskeletal system, for chronic rheumatoid arthritis, for diseases of the small joints of the limbs, dry or cracked skin on the hands or feet.

50 min. BANK MASSAGE

45€

Bank massage, or cupping, cleanses the body of "bad blood" (impurities) so that there is a balance of body fluids, improved blood circulation and oxygenation of the body, relaxation of the muscles and mental well-being. Massage with banks creates a feeling of lightness. Sauna is recommended for the following days after the treatment, for flushing out of impurities from the subcutaneous tissue.

